

## Silver State Wellness

Optimizing Recipient Health, Managing Costs

### Program Overview

- Serves Medicaid fee-for-service recipients who are aged, blind or disabled (ABD)
- Provides preventive health and wellness services, and coordinates care management for recipients with severe or chronic disease — reducing or eliminating avoidable emergency room and inpatient hospitalization costs

### Identification and Enrollment

- Nevada Medicaid claims and pharmacy data is routinely mined to identify qualified recipients; then stratified to determine who needs help most (for example, those with multiple chronic conditions).
- APS Healthcare conducts direct outreach to more than 50,000 Nevada Medicaid fee-for-service recipients.
- Potential enrollees also are identified at the point-of-care through field-based Health Coaches, state agency and healthcare provider referrals.

### Field-Based Health Coaches Throughout Nevada

- APS Health Coaches, located at Nevada hospitals and long-term acute care facilities, work closely with discharge planners and case managers to:
  - Enroll recipients into the appropriate program
  - Identify candidates for comprehensive disease management services, and
  - Coordinate recipient's personal and medical care plan.

### Disease Management Coaching and Education

- For recipients with severe, chronic or multiple illnesses, the programs offer disease management services to reduce or avoid medical complications, address disease-specific health concerns, and improve health behaviors.
- In addition to on-site discharge planning, follow-up and telephonic coaching, the programs provide disease-specific educational materials.

### HIPAA-Compliant Electronic Health Record

- By integrating data from multiple sources (medical claims, Rx, labs, health risk assessments), APS Healthcare creates an interactive, HIPAA-compliant, electronic health record.

